



Let's Celebrate Our Biggest Year Yet!

2017–2018 School Year Report

We've just wrapped up another fantastic school year, and we're so proud of what FEEST's youth leaders have accomplished! Here are some highlights:



Youth Voice: FEEST youth met with Nutrition Service Directors at four local school districts about the importance of youth voice and the need for better food at school.



Youth-Led Lunch: Our delicious Butternut Squash Curry was featured on the menu at every elementary, middle and high school in the Highline School District. It was a hit!



Grassroots Fundraising: Youth leaders drove a campaign to raise over \$5000 from their communities to help fund their organizing work.



Tasty Dinners: FEEST hosted weekly after school dinners with themes including: "Let's Taco-bout it," "Squash the Competition," "Pi Day," and "Chopped!"



Vaaiga and Erlinda whipping up a tasty dish at a FEEST dinner at Evergreen High School

Super Exciting News!

FEEST is expanding into two new schools next school year!

Read more on the next page. →

Our mission is to set the table for young people to transform the health and equity of their community by gathering around food & working towards systems change.

Welcome to the FEEST Fam!

**TYEE
HIGH
SCHOOL**

We're expanding! Let's give a huge FEEST Fam welcome to the students of Tyee High School (Seatac) and Rainier Beach High School (Seattle).

**RAINIER
BEACH
HIGH
SCHOOL**

After a year of building relationships, getting to know students, and hosting pop-up workshops and dinners at each school, we're ready to make it official.



Youth in the Spotlight



Kenia, 17

"I dance while I cook and other students dance with me. I think that's my talent. I'm from a Salvadorian family. I think I'm like my dad because he's is also a little bit shy. Or I was like him, but now I feel less shy and want to talk more with people. If you dance it's like throwing all the shyness away and you feel good doing it. It was an amazing experience and I'm happy that I was part of FEEST. I want you to keep doing it and keep inviting new students because I know it will help a lot, especially for shy people. By the end of the year they won't be shy!"



Vanessa, 17

"What I've learned so far is that no matter how different we are, if we all have a common goal then we can accomplish it. I'm proud of the campaign team for getting an item on the school menu. It kinda makes me proud that I was able to do something even though I'm still a teenager. It's important to me because growing up in this area we don't have a lot of fresh foods. It's easier to get a burger and two large pizzas than to get fresh vegetables."

Youth-Led Organizing

Youth leaders at Evergreen and Chief Sealth High Schools are organizing for healthier food and beverage options at school. This year, Evergreen students landed three healthy food items on the district-wide lunch menu: Malaysian pickles, summer berry salad, and butternut squash curry. And Chief Sealth students won funding for a new water bottle filling station at their school. In all, our internship program supported 15 students at both schools in developing leadership skills, deepening knowledge of social and health justice, and taking the lead on campaigns and dinner programming.



Isaac hosting the Make Food Make Fam community dinner



Last dinner of the year at Evergreen

Setting the Table

FEEST dinners are a place to experience new foods, share culture, and have fun collaborating with friends old and new. In addition to the cooking skills youth learn in the kitchen, we explored the ways that social justice intersects with our food with workshops on cultural appropriation, school foods, ancestral knowledge, and gender roles. We also ventured outside to learn about indigenous foods, forage for native plants, and plant herb and vegetable gardens at both schools.

Why FEEST?



FEEST is building a youth-led movement for community transformation. As a grassroots organization, we work alongside young people in South Seattle and South King County to tackle issues of health injustice.

By organizing within our local schools, FEEST is challenging a broken food system and breaking patterns that disproportionately impact the health of low-income communities of color.



Support FEEST as we grow!

Make a gift today and help us grow the movement for radical, youth-led health justice. Use the donation envelope included here, or give online at www.feestseattle.org.